

**Rtn. Francesco Arezzo**  
RI President

**DG Amardeep Singh Bunet**  
District Governor

**Rtn. Gautam Raval**  
Club President

**PP Rtn. Manoj Gajiwala**  
Honorary Secretary



## Mission in Motion

### RSR Cricket for Cause: RY 2025-26 Cricket Carnival

The much-awaited Cricket Carnival, RSR Box Cricket Tournament 2026, was successfully organised on 1<sup>st</sup> March at Rebound, Vesu. This annual event is one of our most cherished fellowship and fund-raising initiatives, dedicated to noble causes—most significantly, the betterment of our permanent project, the Physiotherapy Centre.

Five enthusiastic teams—Bobby Bindas, Master Blasters, RaMa Warriors, RAP Fighters, and Rising Strikers—competed with great spirit through league matches and knockouts. The tournament concluded on a high note with Team RAP Fighters emerging as the Champions, showcasing an outstanding performance, while Team Bobby Bindas secured the Runner-Up position with equal brilliance.

We extend our heartfelt gratitude to Rtn. Kapil Arora for flawlessly organizing this event under the impeccable and ever-supportive mentorship of PP Raju Mehta. Special thanks to PP Rajesh Mehta, Rtn Manoj Bhatia, and Spouse Mrinal Kampani for being the strongest pillars of this successful event.

Our sincere appreciation goes out to all the Team Owners, Banner Donors, Participants, and our Vibrant Audience for their enthusiastic support and contribution.

Heartiest congratulations to Team RAP Fighters (Champions), Team Bobby Bindas (Runners-Up), and all participating teams for their शानदार performance!

Through this meaningful initiative, an approximate amount of ₹1.5 lakhs was raised for the noble cause.

Let’s acknowledge the donors:

- PP Bankim Vashi
- Rtn. Puja & Spouse Mrinal Kampani,
- PP Raju Mehta & Rtn. Tejashri Mehta
- PP Hon. Sec. Manoj Gajiwala
- President Gautam Raval
- Rtn. Pranav Lineswala
- Rtn. Rrakhi Yogesh Jindal
- Rtn. Bobby Patel
- Rtn. Daksha Patel
- A Humble Rotarian





**Man of the Series**



**Best Bowler Male**



**Best Bowler Female**



**Best Fielder & Batter Female**



**Best Batter Male**



**Best Fielder Male**



**Winner**



**Runner up**



## Care, Uplift & Empower – Celebrating Womanhood

A meaningful joint initiative was organised on 6<sup>th</sup> March 2026 by Surat Paediatric Association Charitable Trust, Rotary Surat Riverside, and Divine Baby Soul at the Children's Home for Girls, Ramnagar.

The visit was aimed at interacting with the girls and extending support by distributing essential items required for their care and wellbeing. It was a heartwarming effort focused on spreading compassion, encouragement, and positivity among the young residents.

Leading this initiative were:

**Rtn. Dr. Ashwini Shah**

**Rtn. Jaina Gajiwala**

**Ann. Vaishali Kariya**

**PP Rashika Bhardwaj**

**Rtn. Amita Desai**

**PE Nirupa Patel**

Together, they brought smiles and hope, embodying the true spirit of service.

Kudos to everyone involved for successfully executing the '*Care, Uplift and Empower – Celebrating Womanhood*' project!

A special note of appreciation to Rtn. Dr. Ashwini Shah for her inspiring initiative that truly reflects Rotary's motto of Service Above Self—uplifting women and making a meaningful difference in the lives of these young girls.





## Rotary District 3060 Scholarship Award

This year marks the proud launch of District 3060's Scholarship Award Program – a meaningful initiative dedicated to supporting the aspirations of deserving students across the district.

With the generous contributions of our members and after a rigorous selection process, 32 deserving students from Surat pursuing MBBS, Engineering, and CA were awarded scholarships. In total, 100 scholarships have been granted across District 3060, ensuring financial support for all four years of their education.

The award ceremony was held on 19<sup>th</sup> March 2026 at Dr. Saroj Bhacca Memorial Rotary Hall, Jivan Bharti.

We were honoured by the presence of:

**District Governor Amardeep Singh Bunet – Chief Guest**

**Mr. Jignesh Desai (Joint MD, NJ India) – Guest of Honour**

**DG Elect Nilesh Shah and DGND Vipul Patel – Special Guests**

Project Chair Rtn. Vikram Sanghani (RC Rajkot Midtown) introduced the scholarship recipients and conducted the ceremony with great enthusiasm.

A special appreciation to DLCC Sharmila Jain (RC Surat Seaface), the Event Chair, for her dedicated coordination and efforts in making the event seamless.

We are immensely proud to share that PP Bankim Vashi, PP Ritu Talwar, and Rtn. Purna Grover each contributed to support one student, reflecting the true spirit of Rotary.

*Kudos to all Rotary Clubs of Surat for their active participation and for making this initiative a grand success!*





## Another New Chapter Begins: Declaration of Team RY 2026-27

Finally, it's that exciting time of the year when the leadership for the upcoming Rotary year is unveiled!

The dynamic and exuberant duo, PE Nirupa Patel and PP Ritu Talwar, have once again stepped forward to take the baton and carry ahead the magic and proud legacy of the Rotary Club of Surat Riverside.

The enthusiastic pair officially declared their board members on 31<sup>st</sup> March 2026, in the presence of an august gathering of club members.

The evening was filled with warmth and camaraderie as members bonded over a delicious and sumptuous Gujarati platter, followed by the much-awaited protocol of announcing the new team. The duo graciously welcomed each board member with a floral gesture, making the occasion even more special and memorable.

A heartfelt note of gratitude to PP Hon. Sec. Manoj and Rtn. Jaina Gajiwala for thoughtfully arranging the delightful Gujarati buffet!

Here's to another year of service, fellowship, and impactful initiatives ahead!







## Nourish to Flourish: Project Poshan Weeks

**Venue:** Anganwadi 36 & 37

**Beneficiaries:** 74 children

Malnourishment is not just a matter of hunger – it’s a silent crisis that robs children of their potential, weakens communities, and holds back progress.

At Rotary, we believe that no child should suffer due to lack of proper nutrition, and that a healthy life is the foundation of a bright future. Therefore, with the continued efforts of the women force of Rotary Surat Riverside, the Project Poshan continues its third year under the able guidance of Rtn. Emily Jacob, Rtn. Jaina Gajiwala and Rtn. Rakhi Jindal.

Kudos to the donors! Your act of benevolence brings smiles to so many faces.

### Week 101

Date : 5<sup>th</sup> March 2026

Food : Soy Milk & Fruit

Volunteers : President Gautam Raval, Rtn. Nirupa Patel, Rtn. Emily Jacob

Sponsors : Rtn. Amish Malji



### Week 102

Date : 12<sup>th</sup> March 2026

Food : Soy Milk & Fruit

Volunteers : Rtn. Emily Jacob, President Gautam Raval

Sponsors : Rtn. Amish Malji





## Nourish to Flourish: Project Poshan Weeks

### Week 102



### Week 103

Date : 19<sup>th</sup> March 2026  
 Food : Soy Milk & Fruit  
 Volunteers : PP Ritu Talvwar and Rtn. Emily Jacob  
 Sponsors : Rtn. Amish Malji



### Week 104

Date : 26<sup>th</sup> March 2026  
 Food : Soy Milk & Fruit  
 Volunteers : Rtn. Emily Jacob, Rtn. Jaina Gajiwala, PP Ritu Talwar, Rtn. Nirupa Patel  
 Sponsors : Rtn. Amish Malji





## Nourish to Flourish: Project Poshan Weeks



## RSR Voices, We Hear

### Some Gup-Shup with Baker Rtn. Dhvani Mehta

Editor: Hi Dhvani!

I just wanted to tell you how incredibly inspiring your baking journey is. Every time I see your posts on social media, I'm amazed by your baking extravaganzas! Your innovative cakes, yumilicious cookies, peanut butter, and all those delicious sweet treats look absolutely irresistible.

What truly stands out is the quality you consistently maintain—it makes everything even more inviting and tempting for us to order from you.

Well, how did it all begin—was it a hobby that turned into a business?

**Dhwani:** Yes dear, it all began purely as a hobby. Over time, appreciation from friends and increasing requests encouraged me to turn my passion into a home-based business.

**Editor:** Wow! That's truly amazing.

So, what is your signature or most popular item among customers?





## RSR Voices, We Hear

**Dhwani:** My signature items include chocolate-based desserts, tiramisu, healthy treats like, ragi ghee cookies, dates and dry fruit cakes, kunafa dates, and customized theme cakes—they are loved for both taste and presentation.

**Editor:** No wonder! They are a treat to see and taste.

I was just wondering how you experiment with new recipes or flavors at home.

**Dhwani:** I love experimenting by combining traditional flavors with modern twists. I test recipes in small batches, refine them based on feedback, and then introduce them to my menu.

**Editor:** Very thoughtful move!

How do you handle custom orders for events?

**Dhwani:** I discuss the theme, preferences, and occasion in detail with the client to ensure the final product matches their vision perfectly.

**Editor:** That's quite a bit!

Where do you get inspiration for your designs?

**Dhwani:** Inspiration comes from everywhere—trends, nature, social media, and sometimes even the client's story or theme.

**Editor:** Woohoo!

Would you mind if I ask you how you manage baking alongside household responsibilities.

**Dhwani:** Not at all.

Well, for me planning and time management are key. I schedule my orders in advance and organize my day efficiently to balance both.

**Editor:** Kudos!

Just out of curiosity I wanted to know, how you handle multiple orders during busy periods.

**Dhwani:** I limit orders to maintain quality and plan production in advance. Proper preparation helps me handle busy seasons smoothly.

**Editor:** A smart move I must say. It's quality over quantity any day.

Now, I am curious to know how you promote your home baking business.

**Dhwani:** I mostly promote through Instagram, WhatsApp, and word of mouth.

Happy customers are my biggest promoters.

**Editor:** True that is!





## RSR Voices, We Hear

Well, how do you maintain the hygiene part?

**Dhwani:** I maintain strict cleanliness, use fresh ingredients, follow proper storage methods, and ensure everything is prepared in a clean and sanitized environment. As I already mentioned, quality for me is vital.

**Editor:** Perfect!

Now, my million-dollar question to you. How do you price your products? Is that also a taxing process?

**Dhwani:** Well, the pricing is based on the quality of the ingredient, time, effort, customization, and market standards while ensuring value for customers. It surely is taxing at times to have that matching figure.

Here's a bit of sharing with you.

In future, I have a dream of opening Dhwani's Bake House's baking studio where I would conduct workshops for baking lovers and create new products and sell from there.

**Editor:** Splendid!

I am highly impressed by getting to know about your aspirations as a baker. My best wishes are with you and I hope to see you owning that space of yours.

It was such a delight to have this gup shup with you. Thank you so much for sharing you valuable time with me.

**Dhwani:** Thank you so much! I too had a super fun time with you sharing my journey as a baker.





## Did you know?

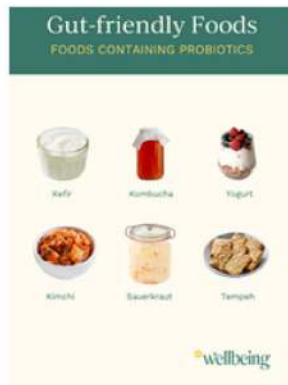
Here are some **interesting and surprising facts about a healthy diet** that go beyond the usual advice:

### 1. Colorful food = different nutrients

Eating a variety of colors isn't just pretty—it's powerful.

- **Red** (tomatoes): heart health
- **Green** (spinach): iron & calcium
- **Orange** (carrots): vision support
- **Purple** (berries): antioxidants

The more colors on your plate, the broader your nutrient intake.



### 2. Your gut is like a "second brain"

Your gut contains trillions of bacteria that affect:

- Mood
- Immunity
- Digestion

Foods like yogurt, kefir, and fermented items help keep this system balanced.

### 3. Dark chocolate can be healthy (in moderation!)

Good news! Dark chocolate (70%+ cocoa):

- Is rich in antioxidants
- May improve heart health
- Can boost mood

But keep it moderate—small portions matter.



### 4. Eating slowly helps you eat less

Your brain takes about 20 minutes to realize you're full.

Slowing down:

- Prevents overeating
- Improves digestion
- Helps you enjoy food more



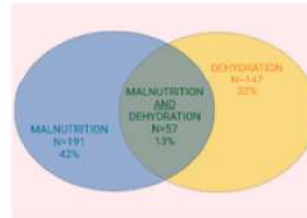


## Did you know?

### 5. Thirst is often mistaken for hunger

Sometimes when you feel hungry, your body actually needs water.

Try drinking a glass of water before snacking.



### 6. Healthy fats are essential

Not all fats are bad!

- Nuts, seeds, avocado, and olive oil
- Support brain function and heart health

The key is choosing the right fats, not avoiding them.

### 7. Fresh isn't always better than frozen

Frozen fruits and vegetables are:

- Picked at peak ripeness
- Often just as nutritious (or more!)

They're also budget-friendly and last longer.



### 8. Breakfast isn't "mandatory" for everyone

While breakfast is important for many, it's not a strict rule.

What matters more is:

- Total daily nutrition
- Balanced meals





## Milestone Memories

### • Another Trip Around the Sun

5<sup>th</sup> April : Rtn. Nirupa Patel

10<sup>th</sup> April : PP Rtn. Anand Acharya

11<sup>th</sup> April : Rtn. Pranav Lineswala

21<sup>st</sup> April : Ann. Rincku Bhatia.

23<sup>rd</sup> April : Rtn. Dr. Mansi Shah

26<sup>th</sup> April : Spouse Pragnessh Jariwala

### • Celebrating Togetherness

29<sup>th</sup> April : Rtn. Mukund Kosambia

## Events in the Spotlight, April 2026

**Service Projects:** From health awareness to community upliftment—meaningful action is on the way!

**Fellowship:** Fun, bonding, and Rotary warmth as we come together to celebrate togetherness.

**Regular Poshan:** Continuing our mission to nourish children and support healthier futures.

Stay tuned... big impact and bigger smiles coming soon!

## Glorious Glimpses

Heartiest congratulations to PP Manoj Jain and Rtn. Sushma Jain on achieving the prestigious status of a *Major Donor of The Rotary Foundation*.

Your remarkable generosity and unwavering commitment to *Service Above Self* are truly inspiring.

Your contribution will create a lasting impact and transform countless lives across the globe.





## Thoughts in Transit

### Still, We Ask Why?

Why this chaos?  
 Why this relentless struggle for power?  
 Why this trail of destruction?  
 Why this absence of harmony?

### HOOMANS

Can we not pause and reflect?  
 Can we not think with clarity and reason?  
 Can we not foresee the consequences?  
 Can we not see that the future is bleak?

How can this be stopped?  
 How can we rebuild a spirit of camaraderie?  
 How can those in power be guided toward wisdom?  
 How can peace truly prevail?

Mother Earth is bleeding,  
 Our brethren laid to rest,  
 Resources lie in ruins,  
 Our children are pushed into darkness.

Will this ever end?  
 Will this war-torn world rise again?  
 Will peace find its way back to us—  
 Or are we walking toward our own DOOMSDAY?

(NB: HOOMANS is humans – a touch of poetic license, laced with quiet sarcasm)

By  
 IPP Rtn. Rinki Barman  
 Editor  
 Rotary Surat Riverside





Congratulations to the Incoming President Nirupa Patel and Honorary Secretary PP Ritu Talwar of Rotary Year 2026-27!

As you step into your new journey of leadership, may your enthusiasm and commitment continue to inspire the club and create meaningful change.

Best wishes for a fantastic year ahead!



*They lead with purpose, serve with heart, and inspire with action.*

*Empowering Rotary Through Women Leadership.”*

